
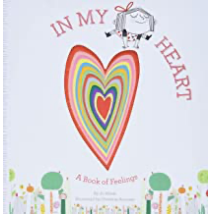
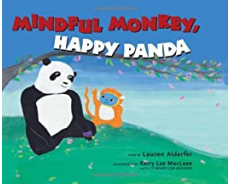
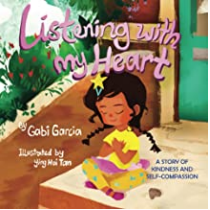
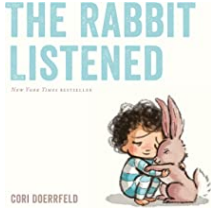
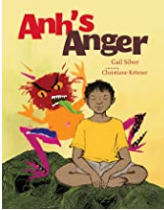
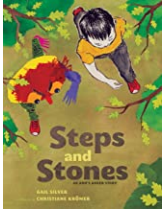


Additional Resources

Below is a list of recommended books you may enjoy reading with your child on subjects of mindfulness, emotions, and compassion.

<p>Listening to My Body by Gabi Garcia</p>	<p>What Does it Mean to Be Present? by Rana DiOrio</p>	<p>In My Heart: A Book of Feelings by Jo Witek</p>	<p>Mindful Monkey Happy Panda by Lauren Alderfer</p>
			

<p>Listening to My Heart by Gabi Garcia</p>	<p>The Rabbit Listened by Cori Doerrfeld</p>	<p>Anh's Anger by Gail Silver</p>	<p>Steps and Stones by Gail Silver</p>
			

<p>Crying is like the Rain by Heather Hawk Feinberg</p>	<p>Puppy Mind by Andrew Jordan Nance</p>	<p>The Color Monster by Anna Llenas</p>	<p>Visiting Feelings by Lauren J. Rubenstein</p>
