

AGENDA

(SUBJECT TO CHANGE)

8:00-8:30

REGISTRATION
CONTINENTAL BREAKFAST

8:30-8:45

WELCOME

8:45-9:45

RESILIENCE
MATT TOWNSEND

10:00-11:00

BREAKOUT SESSIONS:

ACES & COUNTER ACES
ALI CRANDALL

BECOMING A TRAUMA
INFORMED ORGANIZATION
ROSEY SCHAEFERMEYER
THE FAMILY PLACE

EVERYDAY STRONG
MATT SWENSON

SELF-CARE
MARTY LICCARDO

11:15-12:15

REPEAT BREAKOUT
SESSIONS

12:30-1:00

LUNCH

1:00-2:00

MINDFULNESS
DAVIS MINDFULNESS CENTER

2:15-3:15

SHAME RESILIENCY
TYLER PATRICK

3:15-3:30

CLOSING REMARKS



Davis
COUNTY

DAVIS COUNTY'S 2ND ANNUAL

COMMUNITY RESILIENCE SYMPOSIUM

FRIDAY, JANUARY 31, 2020
DAVIS CONFERENCE CENTER
1651 N. 700 W., LAYTON, UT
8:00-3:30 | \$30 | 5 CEUS

REGISTRATION LINK:

<http://www.dbhprevention.org/symposium>

PURPOSE: BUILD ACES AWARENESS, BECOME A TRAUMA INFORMED
COMMUNITY & IMPROVE SELF-CARE

GUEST SPEAKERS

MATT TOWNSEND



TYLER PATRICK



DAVIS MINDFULNESS CENTER

